This October, I'm doing my bit to help relegate animal testing to the history books by taking on PETA's **Step Up to End Animal Testing** challenge. We're attempting to reach a collective goal of *3.4 million steps* – one step for every procedure carried out on an animal in a laboratory in 2019 *in Great Britain alone*.

These procedures include burning, poisoning, and gassing, and the animals used include mice, rabbits, cats, dogs, monkeys, and more. Animals are confined to barren tanks and cages, and often, their only interaction with another living being is when they're pulled out for the next test. It's my mission to cover as many steps as I can for animals this October, so it would mean the world to me if you could sponsor me with a generous donation.

All funds raised will boost PETA's work to create a world that's far kinder to animals – I'm sure we can all agree that's a worthy cause.

Thank you!